

# Michelle Wu

The young Canberra athlete is one of Australia and the world's premier age-group athletes, and looks more than capable of forging a professional career

## In Profile

**Date Of Birth:** 3rd March, 1983

**Favourite Food:** Good fresh sushi

**Favourite Drink:** Don't really have one

**Favourite TV Show:** The Simpsons

**Favourite Movie:** Lion King

**Most Admired Person:** Lance Armstrong

**Best ever race:** 2008 ITU World Age Group Champs, Vancouver, Canada  
— 1st overall female

**Triathlon Hero:** Emma Snowsill

**Toughest Opponent:** Everyone who toes the start line, including myself!

**How Did You Get Into Triathlon:** Tried an aquathlon at the end of 2003 whilst at Wollongong University and it was heaps of fun. Already knew how to swim and run a bit. Figured I just needed to learn how to ride a bike! (And I'm still learning!)

**Best Thing About Being A Triathlete:** Never getting bored as there are three different sports to get right

**Worst Thing About Being A Triathlete:** Hearing your alarm each morning, and dark, cold, and frosty Canberra winters

**Ideal Holiday Destination:** Anywhere warm with a good beach

**Favourite Indulgence:** sleeping in, massages, good Japanese and Vietnamese food

**Dream Job Outside Triathlon:** sports photographer — so you can get the best views

**5 Dream Dinner Party Guests:** Lance Armstrong, Emma Snowsill, Grant Hackett, Chris McCormack and Homer Simpson

**Hopes for 2008:** I have just gotten my Pro Licence so will be racing Elite and no doubt learning a lot! **TMSM**